

Terms of Agreement – Youth Activity Profile

The Youth Activity Profile (YAP) is an online self-report tool designed to facilitate the assessment and promotion of physical activity in schools (www.youthactivityprofile.org). Teachers (or Schools) enrolled in Active Schools are eligible to receive free access to the YAP as part of a “*participatory agreement*” since it provides mutual benefits

- School leaders receive access to the powerful capabilities of the YAP tool and assistance with effective implementation in their school.
- The project team (and Active Schools), in turn, benefit by learning how the tool can be used more broadly to promote assessment and promotion of physical activity in schools.

Details on the Youth Activity Profile Assessment

Participating teachers will receive access to a robust content management system that will allow them to independently use the assessment with students in their school. Teachers can add classes and manage student records using the secure password-protected site. The YAP assessment consists of a series of 15 simple questions that capture time spent in physical activity and sedentary behavior. Students receive a personalized report about their activity profile at the end of the assessment which helps them learn about their behaviors. Teachers have access to automated reports that summarize class and school level data for program planning and evaluation purposes. The integrated YAP Administration Guide explains how to administer the assessment and use the system. The associated YAP Implementation Guide includes lesson plans and tips on effectively using the YAP to enhance school physical education programming.

Project Assurances and Procedures

The YAP assessment tool (and this participatory project) has been set up to ensure compliance with FERPA guidelines. Project assurances are outlined below and procedures have been approved by the Institutional Review Board at Iowa State University. The project is deemed “exempt” from traditional consent procedures since it is viewed as being part of normal school procedures and because no identifiable information is obtained from the students. Specific details about data security are summarized below:

- The software application is housed on secure servers at Iowa State University.
- The password protected site allows teachers to safely manage student level data.
- Summary reports only show data at the class and school level and are only available to teachers
- Data stored within the system is automatically de-identified to protect the confidentiality of teachers and students.
- Data entered into the software will be used to evaluate youth activity patterns but school names will never be used in reports.
- Data entered into the system may be used for research purposes but school, teachers and student level information will never be reported

Expectations and Roles of Teachers

- I understand that the Youth Activity Profile is being provided as part of a participatory project and that my involvement is completely voluntary.
- I understand that I am responsible for managing the online Youth Activity Profile software as part of normal school programming to help students learn about physical activity behaviors.
- I agree to allow the de-identified data compiled through the Youth Activity Profile software to be used for research purposes and to assist in summarizing state and national patterns.
- I agree to complete periodic surveys to share experiences and outcomes related to the use of the Youth Activity Profile.